

## ASKING THE MASTERS

The legendary name Frank Dux will be familiar to many for his experiences in the 'Kumite', an underground NHB tournament, were portrayed by Hollywood star Jean-Claude Van Damme in the cult classic *Bloodsport* (1988).

Frank, however, has become a controversial figure due to those who question his martial arts abilities and claims about his background. So I felt it was important to give him the opportunity to share with us the real facts in place of myth or third party hearsay.

# THE SECRET MAN Frank Dux

'Asking the Masters' columnist Harjit Singh Sagoo continues his interview with controversial figure Frank Dux.

Carrying on from last month where Frank spoke about the Kumite tournaments, breaking records and his time working for the CIA, this month Frank talks about his critics and his biography *The Secret Man*.

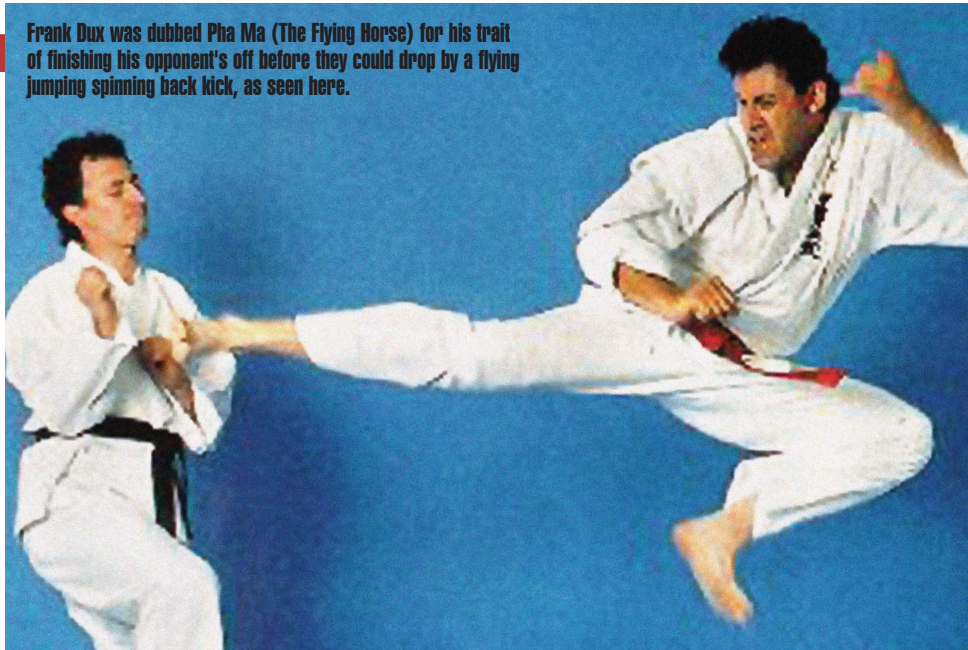
*Above*

Jean Claude Van Damme in *Bloodsport* had an uncanny resemblance to Frank Dux whose life story is portrayed in the film.

*Opposite page*

No its not Van Damme but Frank Dux, 1975 - notice the resemblance to the actor casted to play Frank Dux in *Bloodsport*

Frank Dux was dubbed Pha Ma (The Flying Horse) for his trait of finishing his opponent's off before they could drop by a flying jumping spinning back kick, as seen here.



**Harjit Singh Sagoo: Are you still able to perform your martial arts feats after having surgery to get your brain tumour removed back in 1993?**

Frank Dux: Yes and like anyone my age or injured we all lose some strength, flexibility and speed. I did not lose all of my abilities but I did lose some. One I used to inspire others by. There was a time if you ask my students they will confirm for you my hearing was once so acute I could turn my back to them, turn the lights off in a gymnasium and have them reshuffle their positions and then without turning around I could tell you who out of twenty or more was standing where and how far from me. Sceptics thought it was a magic trick until I had an old master who was blind from birth, repeat it. Like I always tell my students there is always something to be gained by a loss, you just have to unveil it. I'm still unveiling mine. My struggle back to health has inspired a lot of people. I take my responsibility as a role model very seriously, especially, when kids who are sick look up to me to encourage them.

However, I did not lose my thirst for knowledge; therefore, I am continually searching the world for its secrets of warriorship. I just recently returned from Mongolia to catalogue the ancient art of Ojai and Bandizo from the last surviving masters; a whole story by itself. I still desire to share my knowledge with others. I just spent 7 years authoring the first compendium of all martial art knowledge I call The Martial Art Bible: Secrets of Warriorship. I still teach and I am very selective. You must have 5 years of concentrated martial arts study and be in good physical health to train under and with me, because I can still pull your eyeball out of its socket and shove it down your throat to choke on before most people can blink. I teach my own techniques composed of high

concepts I call DUX FASST! and acronym for Focus-Action-Skill-Strategy-Tactics.

DUX FASST! is a proprietary combat proven technology that elements are utilized by US NAVY SEALs, Ukraine's bERKYT and other elite military and law enforcement units, world-wide; as well as, traditional Martial Art and MMA world Champions. Due to the observable fact it not only transformed me into the MMA archetype as an Undeclared World Champion (16 World Records) but consistently reproduces the same result in others - it enables the novice or the "best of the best" to reflexively neutralize a non-compliant, combative or lethal threat, seemingly effortlessly.

Fighting skills are perishable, traditional training methods produce the predictable Conditioned Response, deceived by feints, and functions marginally in uncontrolled (real world) environments. DUX FASST! is not a system. It does not replace one skill set for another. It makes possible the highest state of readiness, as DUX FASST! bridges the gap between the Conditioned Response and the next evolutionary skill level one must acquire to optimally deploy their arsenal - the Instinctive Reflex Action or what is better known as the PRACTICED REFLEX RESPONSE (what martial art masters refer to as "Mushin" trans. "Mind No Mind").

Regardless of past experience, type or level of training you benefit, as DUX FASST! empowers the practitioner through its proprietary trade secrets on how to Manage Anger and Fear, instinctively ACT not REACT in accordance to the USE OF FORCE

## The Secret Man **FEATURE**

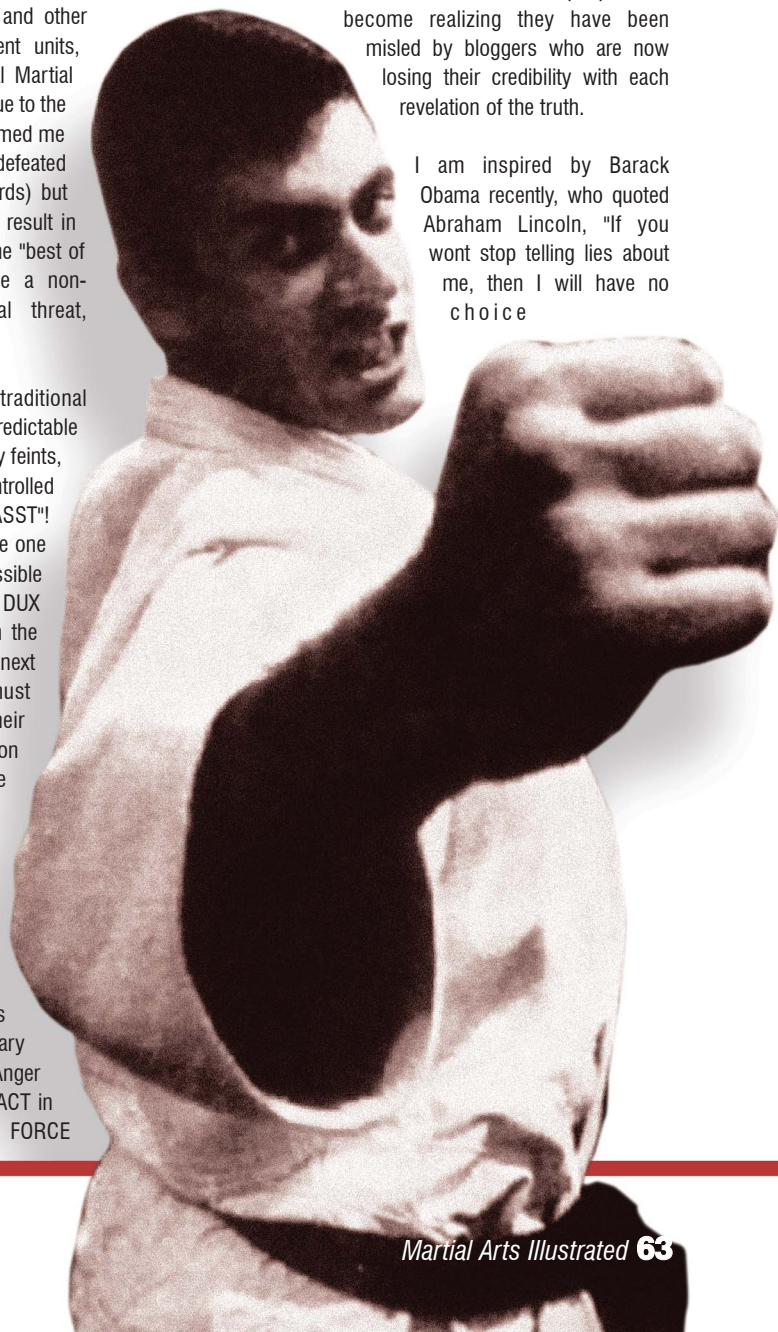
CONTINUUM, the defined acceptable type and amount of force lawfully, allowed.

In addition, students acquire invaluable verbal and psychological tools in order to de-escalate a threat and prevail without physical contention. DUX FASST! is Multi-Ranged & Multi-faceted as it significantly HEIGHTENS SITUATIONAL AWARENESS by empowering you with the capability to transition to, adapt and overcome any kind of threat/fighting range, be it: Striking, Grappling or Weapons (use, retention or disarms).

**HS: You even went on NBC television to refute your critics' claims. Do you think that helped change the opinions of your critics?**

FD: That depends on what critics you are talking about. The one's that are good people who have been subjected to bad information, you bet! My only regret is not addressing what is so deceptively false, sooner. Each time I put more solid information out to the public I receive a huge positive response. I have come to learn how disillusioned most people have become realizing they have been misled by bloggers who are now losing their credibility with each revelation of the truth.

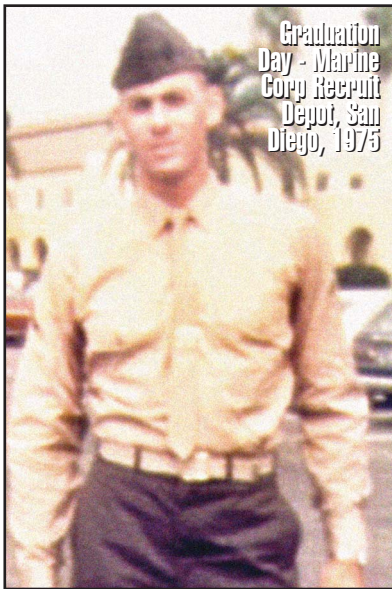
I am inspired by Barack Obama recently, who quoted Abraham Lincoln, "If you wont stop telling lies about me, then I will have no choice



**FEATURE** The Secret Man

but to start telling the truth about you."

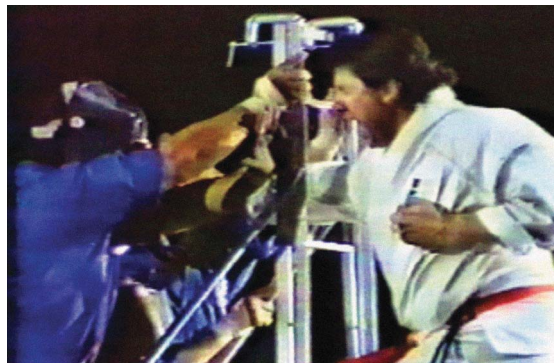
My interview was supposed to be focused on the 20th anniversary of Bloodsport and a charity I support that pays for blood testing of fighters and builds awareness of the dangers associated without it. The NBC interviewer, Paul Silvi, only went in the direction of addressing those other critics because serious journalists can't understand how these blogs are getting away with these ridiculous allegations as you yourself raise.



Graduation Day - Marine Corp Recruit Depot, San Diego, 1975



Training Danbury SWAT, 1995

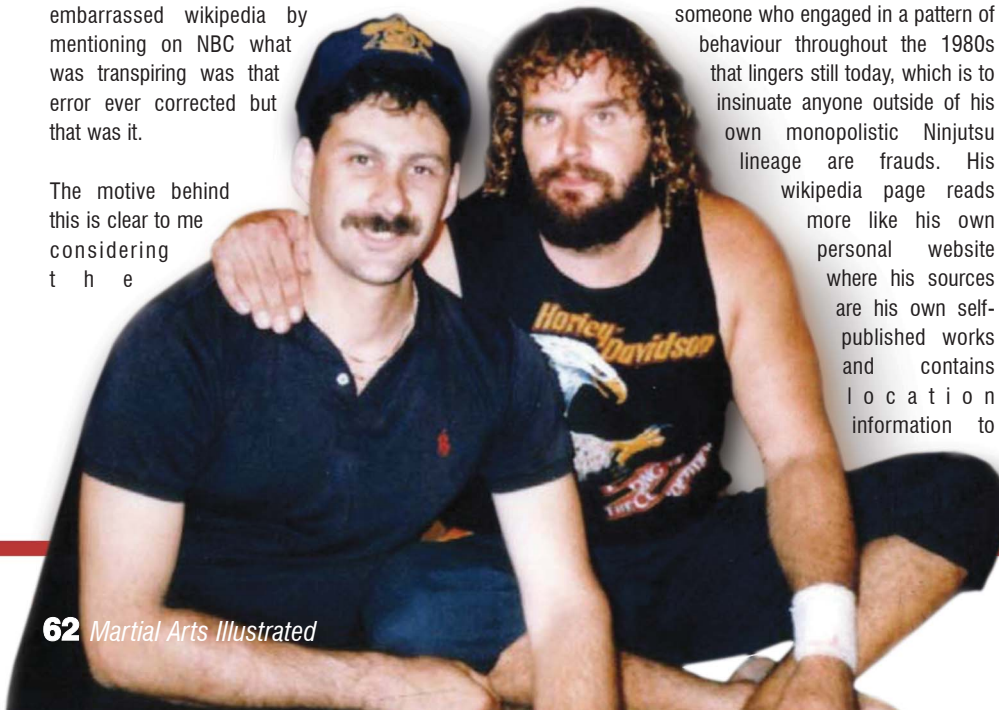


*Above*  
**Frank Dux's Bullet Proof Glass break, verified in court and by International Press Corps, Bercy, France, April 1993.**

*Below*  
**On set with Don Gibb aka 'Jackson' in Bloodsport**

Especially, in light of the fact it is a matter of public record I proved my bona fides first, when I sued for libel and slander over them. What prompted this on camera discussion is how off camera I was offhandedly talking about how my wikipedia page is outrageously corrupted to the point that even after I hired a professional I couldn't change something as innocuous as where I live. I suspect misstated in order to mislead others away from finding me leading to discovery of the truth as well as deny me economic opportunity. Observably, only after I embarrassed wikipedia by mentioning on NBC what was transpiring was that error ever corrected but that was it.

The motive behind this is clear to me considering the



founder of wikipedia, Jimmy Wales, also owns various websites that benefit from the controversy his website blogs have spun surrounding me and others, sending traffic to them. Before my NBC appearance their own rules don't apply, using one of Wales's bloggers as its reference source for citations of these false allegations, which you have graciously allowed me the opportunity to dispel.

Ninjutsu practitioner, Ashida Kim, points out Wales alleged martial art teacher is someone who engaged in a pattern of behaviour throughout the 1980s that lingers still today, which is to insinuate anyone outside of his own monopolistic Ninjutsu lineage are frauds. His wikipedia page reads more like his own personal website where his sources are his own self-published works and contains location information to

his schools and offering sale of his training video, which is all supposed to be against wiki-rules. In contrast, with my Dux Ryu Ninjitsu system being deemed his rival, is it a coincidence my book *The Secret Man*, HarperCollins, 1996 is arbitrarily not allowed to be sourced in providing any balanced reporting and is declared self-published when in fact it is vetted (substantiated and independently verified) and published by a major publishing house?

I am not alone in dealing with this kind of double-standard and unethical behaviour, as elaborated below.

Why you should care that Jimmy Wales ignores reality...

By HYPERLINK

"http://forms.theregister.co.uk/mail\_author/?story\_url=/2008/03/06/a\_model\_wikipedia/"  
"o "Send email to the author" Cade Metz in San Francisco

Wikipedia is built on a catch-22. If someone has a conflict of interest, you can have them banned. But everyone has the right to anonymity. That means if you try and prove they have a conflict, you're breaking the rules, and they can edit all they want.

You see, the Wikipedia inner circle is a very simple thing. It includes anyone who's made the right online friends. This isn't an official club. There's no roster. And you can't quite say how many members there are. But you can recognize a member when you see one. They're the people with the pull - the people who get the heavy support when they make an argument. HYPERLINK

http://www.theregister.co.uk/2008/03/06/a\_model\_wikipedia http://www.theregister.co.uk/2008/03/06/a\_model\_wikipedia

**HS: Why do you think people have tried to**

**defame you?**

FD: Bruce Lee when he was alive faced similar challenges that he likened to the child's game 'king of the mountain'. Like politics it's all about trying to take down the person who is perceived on top. Of course, in my case, I am made more vulnerable by the

Sotos whose 'handle' I don't remember or a fighter known only by his handle 'Cherokee' whose real identity is Joshua Westmiller, Hideki Nishiama's student, and if one is old enough they might recall, the open challenges advertised in the back of magazines by 'Count Dante', in the 1960s, that I am informed,

**The crying shame of it all is martial artists are supposed to be above this kind of lowly conduct. Gossip is the antithesis of acting honourably. These Martial Art debunkers are themselves who are in need of being debunked.**

fact I am a government whistleblower. Add to the mix the rabid commercialization of martial arts today and it should not surprise anyone that trade libel is epidemic in the martial arts and other business communities. Particularly, as I pointed out previously with websites who convey and/or deny selected information and indicators to influence emotions, motives, and objective reasoning, suppressing the truth in order to benefit. I am far from being alone. The crying shame of it all is martial artists are supposed to be above this kind of lowly conduct. Gossip is the antithesis of acting honourably. These Martial Art debunkers are themselves who are in need of being debunked.

On an individual level, I believe the kind of people who knowingly engage in or repeat trade libel lack for a disciplined mind and character and are generally motivated by greed and/or an insatiable ego. That is at the heart of the matter and that is why until they alter that behaviour they will only know and promote misery and can never truly attain enlightened mastery of any martial art discipline.

I must admit that I may have invited this kind of behaviour to target me, given the fact that just like what the Gracie family experienced when they first came to the United States and issued an open challenge to fight anyone anywhere, which is the custom and tradition of No-Holds-Barred fighters, like us, my open challenge invitation, in 1980, embarrassed others and alienated me. Without any doubt my challenge exposed some martial art clicks to be made up of what some people labelled "paper tigers" unwilling to venture outside their element but still gracing the covers of Black Belt and other popular martial art magazines by denouncing others - "Called to put up or shut up, by me."

I suspect it is behind why the students of one of my rivals were arrested and convicted for vandalizing my school and explains why they are gossiping behind my and other Kumite champion's backs. Like Grandmaster, Irving

eventually, resulted in his untimely death, etc.

Perhaps we make it easy for others, given the fact in my small circle we were schooled not to talk openly about our fighting out of consideration and respect for those who dare and lost. Our Kumite wasn't supposed to be about 'fighting for acceptance'. It was all about testing yourself - your knowledge and spirit with a person who is considered an equal - as there is no knowledge or honour to be gained by engaging in battles with weaker opponents. A direct violation of the unwritten code of honour and martial art etiquette my generation and twenty generations before me were instilled with and still embrace.

**HS: Has Jean-Claude Van Damme ever questioned your ability?**

FD: Only when I was showing him how I do the splits, LOL. And the fact he was such a dead ringer for me that the producers of Bloodsport had mistaken old photos of me for him. He was my 'mini-me' considering our size differences but he had real talent as a fighter and don't let others tell you, otherwise. He was as seen in Bloodsport drawn and quartered for real.

Over my objections, my attorney felt forced to call Van Damme's bona fides in question in response to an attack made on my veracity by his attorney when submitting a motion to dismiss the case, both sides given to legal posturing. Not us two, personally. On the stand, in our litigation over the Quest, Van Damme obviously postured further and attempted to conceal the fact I trained him three times a week for

several months in preparation for Bloodsport, as acknowledged in the film's credit role. After Bloodsport we continued to work together because we had mutual respect and trust in each other's abilities.

**HS: Could you please tell me a bit about your book, 'The Secret Man'?**

FD: Call it my mea culpa, gone awry. My manuscript was written at a time when I was diagnosed with two brain tumours and wasn't expected to live due to after-surgery complications of a spinal fluid leak, my falling ill to spinal meningitis.

My book focused on several politically delicate topics. Explaining why I earned the moniker from which the book takes its title 'The Secret Man'. I am the descendant of three generations of intelligence operatives, where William Casey had served on one end of the

"rat line" and my father on the other.

Given long standing family ties, I served as a bridge between organized crime and intelligence agencies; I am the only person to have served, simultaneously, for both adversarial sides of the cold war. Whereupon, given the inflammatory political posturing, discovery or

**Frank Dux in Kimono. "Without doubt, I have lived an extraordinary life but that is only because I am an ordinary man who was not afraid to venture outside of my element, but not before having prepared myself to be capable to improvise, adapt and overcome great challenges."**



**FEATURE** The Secret Man

acknowledgment my covert activities surrounding the alleged theft of biological weapon of mass destruction as well as my hunting for a rogue agent could result in a huge loss of face to either side's leadership.

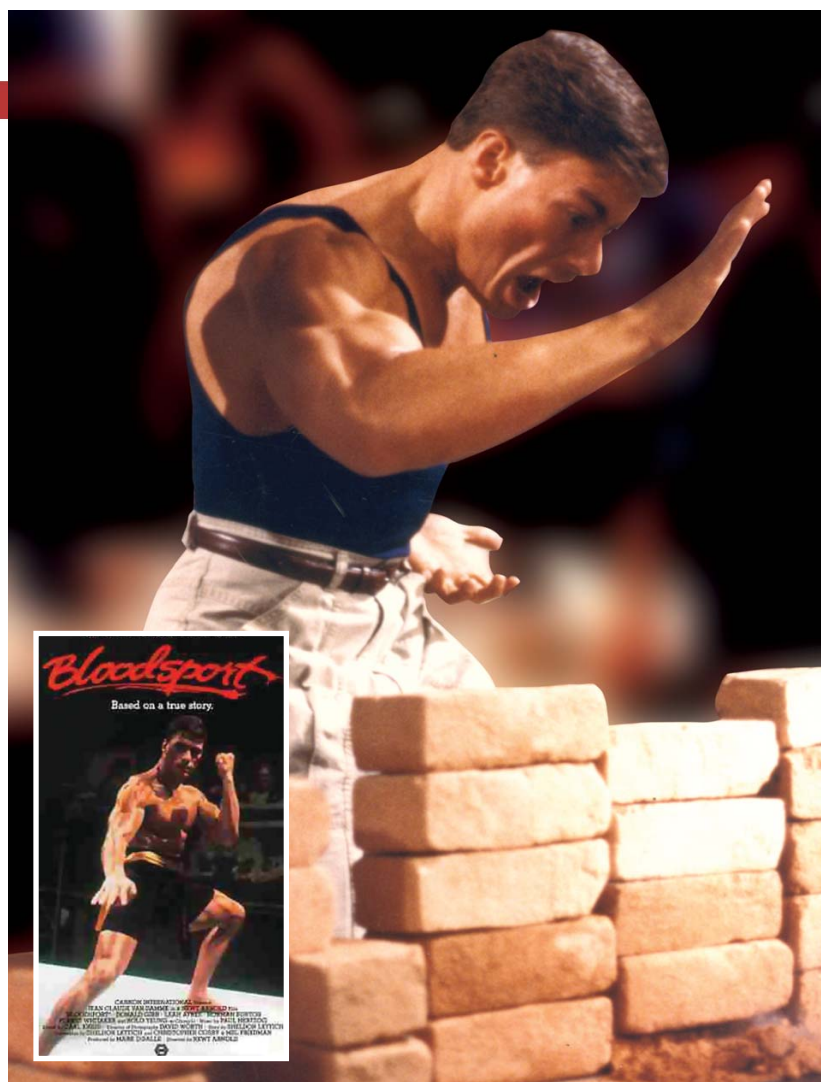
I had come to the attention of movie greats John Bishop, Lucas Foster and Jerry Brucheimer, who were doing research for their proposed film *Rogue Warrior*, based on the world of covert operations and 'The Sharkman of The Delta' Richard Marcinko, the founder of the US Navy anti - terror unit known as SEAL Team 6. I would later serve as a technical advisor and consultant for the project.

My initial meeting with the producers occurred at the 1993 SPECWAR conference, held in San Diego, California, in which I was being referred to by the different aliases I used in the past with spooks and SpecWar operators. This strange sight caught the producer's attention. Eventually, learning the truth separate and apart from me regarding what I was involved with, further sparked their interest, leading Lucas Foster and Jerry Brucheimer to bring me to the attention of Judith Regan of Simon and Schuster to do a book deal in combination with a proposed motion picture project.

Interestingly enough, HarperCollins bought my contract from Simon and Schuster, prior to my first draft outline. According to my agent, Joel Gotler (whom Lucas Foster introduced me to), the publisher expressed this contract occurred without my submitting the outline because my credentials were that strong and experiences that unique. The expectation of what I may write had everyone on the edge of their seats.

*Left*  
**Death Touch 'Dim Mak' first performed by Frank Dux on numerous TV shows and exhibitions - the fragile ceramic tiles remain intact while only bottom concrete slab (not a wall cap) breaks.**

*Left*  
**Jean Claude Van Damme portraying Frank Dux in *Bloodsport* and inset the film cover.**



Sadly, I watched the heart of my story gone missing. Given the repeated turnover in editors my voice was lost in my book and my galley changes went uncorrected. For instance, in my original manuscript I describe William Casey as mumbling and 'short of breath' but due to editorial changes and a typo it appears in print as Casey being described as just 'short' thereby, contradicting my description later he was a tall man. Admiral Smith, whom I referred to as holding the rank of a SEAL Naval Commander during Operation Desert Shield, is transformed to be referred to as a Gulf War Commander and Lt. Col. Oliver North is portrayed in a bad light but not by me but the editor expressing their political views and conclusions.

I found the experience discouraging as well as enlightening. While the real teeth of my manuscript never made it to print, enough survived to upset the fascist hard liners in the intelligence community that is, polarized. I had dared to do the unthinkable and reveal ongoing corruption and war crimes being committed by persons working under the colour of authority along with the skirting of the Boland and Logan amendments, being covered up. A thread, if pulled, some could argue would alter the delicate balance in a political party.

In the end, I left a lucrative contract with 7 Locks Press for my book's soft-back release and the \$500,000 major studio motion picture deal with Jerry Brucheimer on the table. I felt compelled to take into account the sensitive nature of my book, *The Secret Man*, HarperCollins, 1996 given its revelations. My strong sense of duty prompted me to pull it from my publisher and to continue to withhold its circulation to this day, in light of uncharacteristic behaviour of government agencies and shadowy requests, on their behalf.

The *Secret Man* prompted an official and uncharacteristic denial by the CIA, which to the best of my recollection had not been done outside of G. Gordon Liddy, in anticipation of the "Watergate fiasco" and the CIA denial of Eugene Hasenfus, in anticipation of 'Irangate'. I felt it was my moral imperative to also take into consideration how, similar to CBS 60 Minutes caving to outside sources in killing its expose on tobacco industry, ABC Primetime Producer, Michael Bicks, had contacted my attorney, Michael Frankel, to inform us significant sources outside of ABC Network and its parent company Walt Disney Corporation came to bear, resulting in censorship of ABC Primetime News magazine show featuring my story and the book.

However, I anticipated this response from ABC when I read the Publishers Weekly Review that is so over the top deceptive, it did not escape notice, as one book reviewer on Amazon.com writes, in 2005:

"The Publishers Weekly Review is so apparently off base and tainted it is painfully obvious it was crafted by someone who is politically bias or has a personal axe to grind."

Sadly, I had no way to know back then that I was actually being led astray by my own convictions, my sense of honour to country and duty, 'Semper Fi' (forever faithful). I could not understand how my story and findings may have compromised ongoing operations prompting the highly unorthodox denials and pressure coming to bear down on the media. I couldn't ignore this was happening. I equally could not perceive how my findings if brought to the forefront of public awareness this might have prevented a terrible mistake, in the future. How conceivably it might have planted the seed to question the source and quality of the information an honourable man like Colin Powell was given, who was led astray, due to the untruths he repeated. Corrupted information fed him by the CIA hell bent in promoting a hidden agenda, years later, resulting in Powell's resignation.

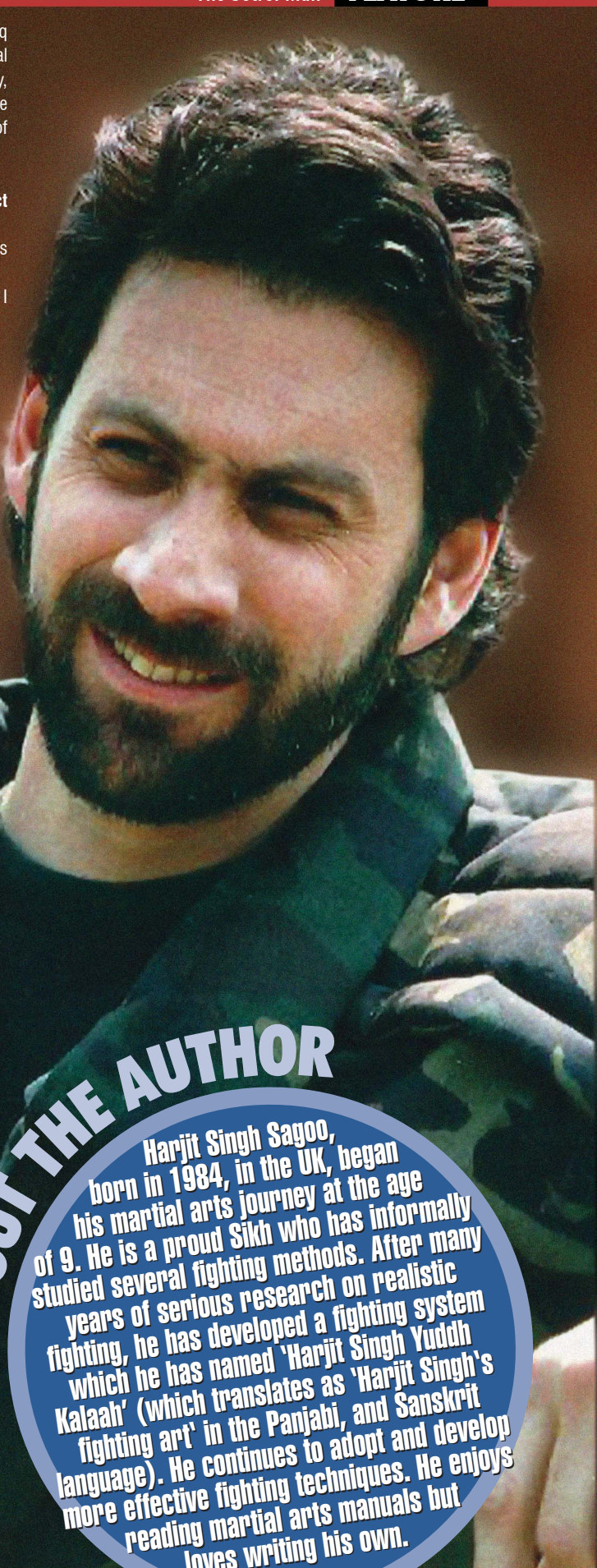
One could argue my book's findings could have put under scrutiny the sources and justification used in

motivating my country going to war with Iraq based on fabrications and internal political agendas within the intelligence community, corrupting it. A chain of events driving home the old spy adage: "Fiction is never in need of denial."

**HS: And finally, do you have a direct message for your critics?**

FD: Remember the words of Thomas Jefferson:  
"Show me a man without controversy and I will show you a man without character"

I welcome and invite all to meet me in person and judge for themselves who I am and what I am capable of. Numerous great grand masters recognized for being 'in the know' regarding No-Holds-Barred fighting and who have also consulted and taught special forces units, like Irving Sotos and Reylson Gracie also share with me common ground to enter into discussions on our jointly conducting seminars. Anyone interested in pursuing this kind of opportunity can contact me, directly, via my myspace page:  
[http://profile.myspace.com/index.cfm?fuseaction=user.view\\_profile&friendid=346595645](http://profile.myspace.com/index.cfm?fuseaction=user.view_profile&friendid=346595645)



**H**e was the CIA's finest covert operative...the subject of the martial arts film *Bloodsport*...a bridge to international organized crime...a legend on both sides of the Iron Curtain. His true identity always concealed from the people he served, he was...

**THE SECRET MAN**  
An American Warrior's Uncensored Story  
**Frank Dux**

*Above*  
Frank Dux, in late 1980s, sports a beard as he concentrates his talents on drug interdiction efforts, inducted Knight Chevalier by Police Hall of Fame; Adjunct Faculty Member of Criminal Justice Centre, St. Petersburg, FL.

*Right*  
If you want to read more about Frank Dux's life you can do so in his biography 'The Secret Man' available from all good bookstores.

**ABOUT THE AUTHOR**

Harjit Singh Sagoo, born in 1984, in the UK, began his martial arts journey at the age of 9. He is a proud Sikh who has informally studied several fighting methods. After many years of serious research on realistic fighting, he has developed a fighting system which he has named 'Harjit Singh Yuddh Kalaah' (which translates as 'Harjit Singh's fighting art' in the Panjabi, and Sanskrit language). He continues to adopt and develop more effective fighting techniques. He enjoys reading martial arts manuals but loves writing his own.